

REFRESHER COURSE

General Goals

- Review the skills needed to daysail keelboats in protected waters.
- Qualify students with previous experience for Daysailing Membership.

On the Water 1

- Sail shape control
- Practice mooring landings

Classroom 1

- Navigation Lecture I:
 - Chart reading, color coding, symbols
 - Aids to navigation - fixed and floating
 - Compass
- Safety and seamanship
- Weather
 - NOAA Forecast
 - Squalls
 - Small Craft Warnings
- What to do if you run aground

On-the-Water 2

- Review
- Docking
- Close quarters maneuvering
- Navigation Sail Part I

Classroom 2

- Navigation Lecture II:
 - Deviation and Variation
 - Plotting a course
 - Distance - Nautical mile
 - Speed - Knots
 - Use of Tide Tables and Current
- What to do if you run aground

On the Water 3

- Sail among the islands in the outer harbor and practice navigation